

PRACTICE JUSTICE & MERCY

How and when will you will engage the practice this week? Choose one to focus on all week, or try out several. How do acts of justice and mercy help you listen for the Spirit, love God and others, and be more like Jesus?

"Justice is what love looks like in public."

~ Cornel West

JUSTICE & MERCY PRACTICES

- **Examine your thoughts and biases** - what private prejudices do you struggle to overcome? What individuals or groups are you "merciless" to in your mind?
- **Volunteer** - Develop your heart for justice and mercy by engaging in opportunities that help eradicate root causes of injustice. Be aware of the temptation to act as a "white savior" by doing things *to* and *for* others, but rather focus on working together *with* people, developing relationships and recognizing everyone's capabilities and dignity as imagebearers of God.
- **Watch** - Check out this short video for an overview of justice in the biblical story: <https://bibleproject.com/explore/video/justice/>
- **Read** - Read the young adult adaptation of *Just Mercy* by Bryan Stevenson or watch the movie adapted from the book.
- **Donate** - Give food to the Little Free Pantry or donate needed items to the Pioneer Pantry.
- **Listen and Learn** - Seek opportunities to hear the voices of people who experience injustice and people who work to bring about justice. Nurture diverse friendships. Select books and other media created by people from a variety of backgrounds.
- **Speak Out** - Advocate for more just policies through the PCUSA's Office of Public Witness: <https://www.votervoice.net/PCUSA/home>